	Group A	Group B	Group C	Group D	GROUP
2:15pm	<u> </u>				
2:30pm					
2:45pm					
3:00pm	Freeskate	Freeskate			
3:15pm	Freeskate	Freeskate			
3:30pm	Freeskate	Freeskate			
3:45pm	Freeskate	Freeskate			
4:00pm	Freeskate	Freeskate			
4:15pm	Freeskate	Freeskate			
4:30pm	Spins	Spins			
4:45pm	FLOOD	FLOOD	FLOOD	FLOOD	FLOOD
5:00pm	Off-ice	Off-ice	Freeskate	Off-ice	Off-ice
5:15pm	Off-ice	Off-ice	Freeskate	Off-ice	Off-ice
5:30pm			Freeskate		
5:45pm				Freeskate	Freeskate
6:00pm			Off-ice	Freeskate	Freeskate
6:15pm			Off-ice	Freeskate	Freeskate

Friday (July 2nd)						
	Group A	Group B	Group C			
9:00am	Free	Free				
9:15pm	Free	Free				
9:30pm	Free	Free				
9:45am	Free	Free				
10:00am	Free	Free				
10:15am	Free	Free				
10:30am	STROKING	STROKING	Off-ice			
10:45am	STROKING	STROKING	Off-ice			
11:00am	FLOOD	FLOOD				
11:15am	Off-ice	Off-ice	Free			
11:30am	Off-ice	Off-ice	Free			
11:45am			Free			
12:00pm			STROKING			
12:15pm						